Good morning, from the chapel at the Catholic Centre in Central. And welcome to join with the people here in the offering of worship, prayer and glory to God on this Sunday morning. Especially if sickness prevents you taking part in the community celebration of fellow-Christians today may you find in this opportunity of listening-in a chance too to pray with and for others, and to grow in faith in the caring power of Jesus: the gospel reading we'll be hearing later is about this. It also happens, this week, to be about a seastorm ... which makes the readings particularly approprite this morning: St Mark's gospel ch.4... a bit from the O.T. Book of Job as a kind of parallel piece: the Lord's answer to Job from the tempest, pointing out that he's Lord of the tempest too ... and continuing St Paul's 2nd letter to Corinth. Before the scripture radings, however, the Entrance rite and the prayers, of repentance, praise and petition to God ... The hymn 'Sancta Gecilia' is sung by the choir, for the Entrance Song ... the choir for today, by the way, which calls itself Sancta Cecilia and is made up of members of the St Martin Assocition, and will be singing in Latin.

CHOIR

Intro: Kyrie: Gloria: ORATIO The Assembly Prayer for today's Sunday celebration. Now the readings of scripture: after the first one, a responsory from Ps 106.

After the Word of God in scripture and the homily given by the celebrant here this morning, Fr Francis McGalgy, all now stand to recite the Profession of Faith in God, the Creed.

Offertory: The prayers of general intercession conclude the first part of the Mass, centred on the Word of God. The second part centring on the sacrifice and sacrament of the Word who is Christ, now hamme begins with a preparation rite in which the offerings of the people, symbols of their own selfoffering with Christ, are brought to the altar and the wine and water and bread made ready for the offering of the Buchars During the offertory rite, the choir sings 'Maria Mater Gratia

Preface:

The formal Prayer over the Gifts, for today's Eucharist. Now the central prayer and action of the Eucharist, beginning with the invitation to participate, and the Sunday Preface-prayer

CHOIR

Per Ipsum: The communion rite now follows: we begin by praying together in the words that Jesus suggested for His followers! prayer, the Lordds Prayer.

Communion It's now Communiontime. At the altar, the priest first himself takes the Sacrament of the Body & Blood of Christ; and while He does so, people begin to file up to the front of the chapel, to the altar-rail where the priest and an assistant minister of the Eucharist will shortly come to give Holy Communion to the people. During the communiontime, the choir will be singing; it's also a time when you may wish to make your own personal, private prayer in communion with God, and united with people here sharing at this time in the mystery of Christ's presence with us, a presence that takes many different forms but is particularly precious in this very Sacrament of His presence that we're celebrating here. And as today's gospel may have reminded us, even in His presence

in their boat, asleep though He may have been, His disciples lost courage, became frightened, forgot for the moment... May His presence make itself felt in us: and even when we don't feel it, may we continue to trust with confidence in the love that Christ has for us, so strong that He gave His life and now still gives His life in this sign of the Eucharist that we share.

CHOIR

The giving of Holy Communion has now ended: prist and assistar minister have returned to the altar, put away in the tabernacl the sacred hostes that remain over, and briefly cleaned the charlice and vessels used during this liturgy. After some moments of quiet reflection and prayer in private, the priest will shortly recite the fromal Tranksgiving Prayer and then give the Blessing.

The Blessing and Dismissal conclude the celebration of Mass.

And as the priest returnes to the sacristy and people begin to disperse, a recessional hymn is sung by the choir, Cantate Domino (Sing to the Lord). And during the recessional we'll take leave of you, in this live broadcast which you've been listening to from the chapel at the Catholic Centre in Connaught Road, Central.

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